# Effectiveness of Ohio's Early Intervention on Language Outcomes

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#### Presentation Outline

- Overview of State of Ohio EHDI Program
- UNHS
- Regional Infant Hearing Program (RIHP)
- Results from language outcomes study



# Infant Hearing Program at The Ohio Department of Health

- 4 Audiology Consultants & Supervisor
  - All birthing hospitals → UNHS
  - 10 RIHP's → Intervention



- Stakeholders:
  - UNHS Advisory Council since 90's
  - Partnerships with Audiologists
  - Medical Home Initiative

#### Pre-UNHS Ohio

- Infant Hearing Screening and Assessment Program (IHSAP)
- **1**988-2004
- High Risk Questionnaire
- Hearing Assessment (screening)
- 1998 Study: IHSAP Missing 2/3 of kids!

### Ohio's Legislation

■ House Bill 150, July 1, 2004



- Rules: Ohio Administrative Code, Chapter 3701 40
- www.odh.state.oh.us under Rules & Regulations, Final Rules: Chapter 3701-40



### Review of Legislative Mandates

- All babies receive screening, unless objection
- Parents must be given the results and the ODH required brochure
- Follow up information on providers is necessary for any non-passing babies
- ODH Form (4632) completed and sent to ODH (14 days), other distribution
- PCP provided with results

#### Annually in Ohio:

- \* Approximately <u>150,000</u> births
- Approximately 6,000 non-pass UNHS
- Approximately 450 expected to be born with some degree of hearing loss
- \* 136,156 UNHS Reports submitted for 2005

### Follow Up after UNHS

■ Screening was the E-A-S-Y part.

■ What Happens Next?



### Intervention Component

Screening



#### Components of the Infant Hearing Program

☑ Universal Newborn Hearing Screening (UNHS)

☑10 Regional Infant Hearing Programs (RIHPs)

Audiologists provide Technical assistance to hospitals and RIHP's, monitor compliance, etc.

## Regional Infant Hearing Program



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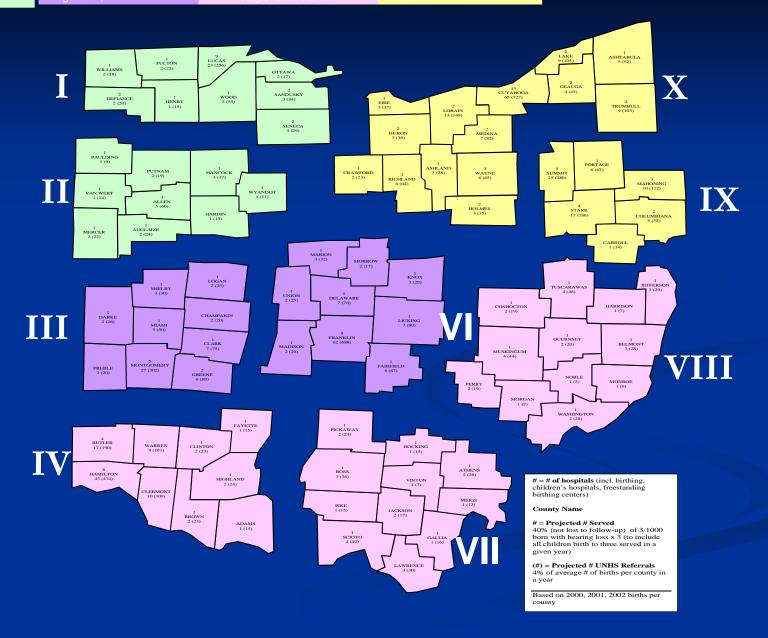
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■ The RIHP's are funded by the Ohio Department of Health (ODH) Bureau of Early Intervention Services, through a federal grant from the US Department of Education, Individuals with Disabilities Education Act (IDEA).

#### The RIHP

Provides services at no cost to the families

 Assures that all families enrolled in the program receive Part C core services

 Coordinates tracking and follow-along for newborns identified through Ohio's newborn hearing screening program

#### What?

- The purpose:
  - 1) To provide follow along and tracking of infants who do not pass their newborn hearing screening.
  - 2) To provide family centered habilitative services for infants and toddlers age birth to three with hearing loss or deafness.

#### Components

- Home-based family support
- Unbiased parent education on communication choices
- Assistance with follow up audiological appointments, and connections to community resources

- -Guidance in communication and language development
- Opportunities to interact with the deaf community
- Parent to parent support
- Planning for transition to preschool

#### Who?

- Staff of the Regional Infant Hearing Programs:
- 1. Project Director
- 2. Parent Advisors
- 3. Data support staff
- 4. Deaf Mentors-optional
- 5. Consultative: Audiologist, SLP

#### Curriculum

■ The Parent Advisors are SKI\*HI trained. SKI\*HI (Utah State University Logan, Utah.)

SKI\*HI: specialized curriculum offering nonbiased information on communication choices, ongoing home and family centered support for infants and children with deafness or hearing loss.

#### How?

- The family is contacted within two working days of receiving an electronic referral.
- The infant is part of Tracking and surveillance
- Home visits begin once diagnosis of HL
- The RIHP's work in partnership with Help Me Grow (HMG) to provide necessary support and intervention.
- Transition to preschool at age 3

#### Our Goal...

To ensure that all newborns have the opportunity to communicate from birth, the EHDI program is a part of a national effort to promote:

- ☑ The early detection of hearing loss.
- ☑ The tracking of infants/children who are deaf or hard of hearing.
- ☑ The initiation of effective intervention systems.

#### Objectives of Current Study

Ohio has fairly robust EI system; we wanted evaluate our system's effectiveness regarding language outcomes

The objectives of the current study were:

- 1) To determine the impact of early intervention on language over time for children with permanent hearing loss;
- 2) To evaluate the association between language and:
  - Age of identification
  - Age of EI entry
  - Degree of hearing loss

#### Methods

- Children with permanent HL
- Enrolled in RIHP EI program 2004-07
- SKI\*HI Language Development Scale
  - Every 6 months
  - Language quotient (LQ) was created by dividing the actual score (unit completed) with the unit that signifies the appropriate language skills for the child's current age
  - Within "normal limits" considered at LQ > 80

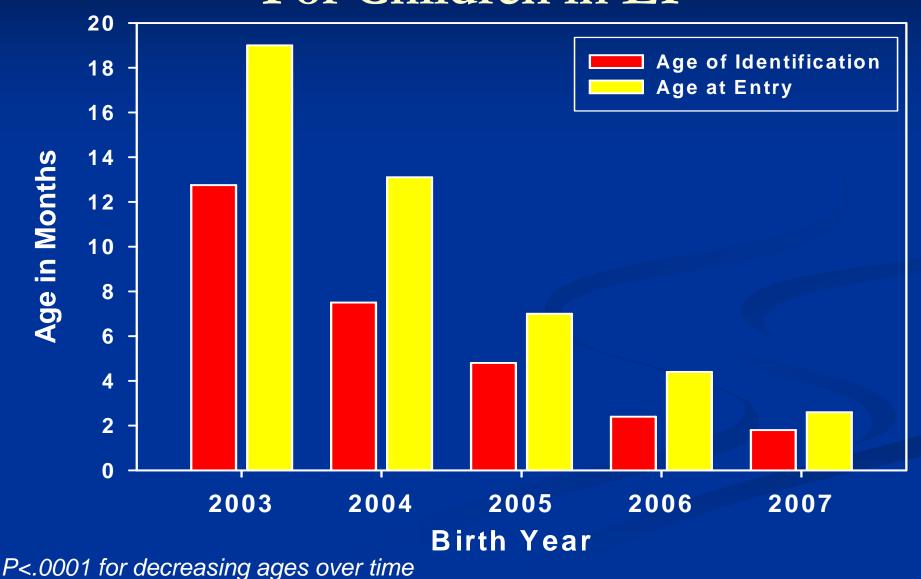
#### Statistical Analysis

- Evaluated age of EI entry and age of identification regarding baseline language skills with ANOVA
- Investigated the relationship between age of entry (<6 mo vs. ≥ 6 mo) and mean baseline language skills after adjusting for age of identification and severity
- Repeated measures regression models to investigate language development over time for each level of HL severity

#### Subjects

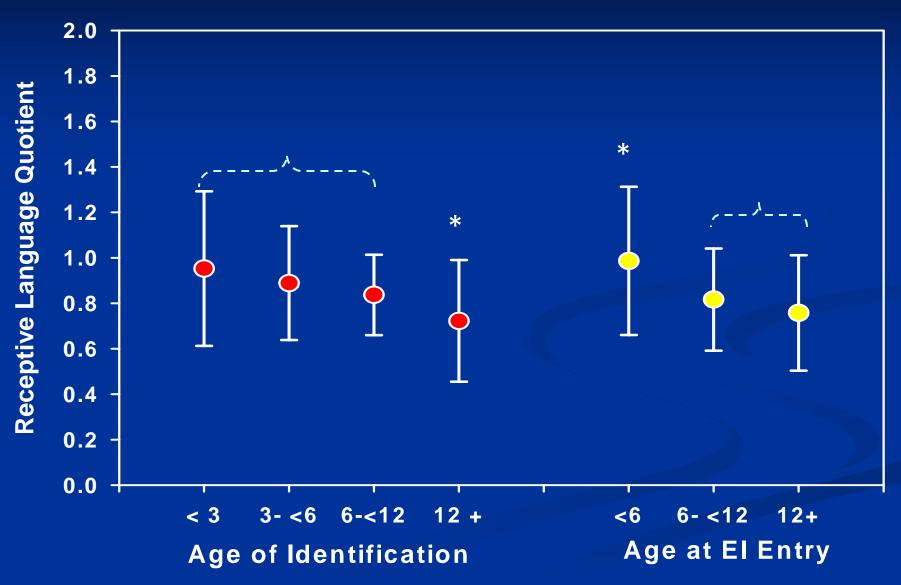
- 605 infants and toddlers receiving EI services between Jan 2004-July 2007
- Subjects excluded from analyses due to:
  - Complex medical conditions (35%, n=210)
  - Missing data related to:
    - Hearing loss severity (n=15), Age of entry (n=5), Not yet complete data entry (n=87)
- 288 subjects included in analyses
  - 235 (82%) bilateral hearing loss
  - 53 (18%) unilateral hearing loss

#### Age of Identification over Time For Children in EI



CHARACTERISTICS	Bilateral	Unilateral	
	N=235 (82%)	N=53	
Age ID in months	4.0 (0-33.8)	2.7 (0-22.5)	
Post UNHS implementation	2.8 (.16-25.4)	2.7 (0.4-15.5)	
Age Entry in months	7.1 (0-34)	4.6 (1.3-23.4)	
Post UNHS implementation	5 (0-25.5)	4.5 (1.4-22.1)	
Severity of Bilateral HL			
Severe to Profound	38%	)	
Mod to Moderately Severe	36.5%		
Mild	25.5%		
Amplified	89%	23%	
Cochlear Implant	16%		
Age at amplification	7.0 (1.2-36)	14.1 (2.8-31.9)	
Primary Comm Oral	58%	85%	
ASL/bilingual-bicultural	1%		
TC	37%	15%	
Other/undecided	4%		

#### Language Skills at Baseline by Age



\*P<0.05 multiple comparisons

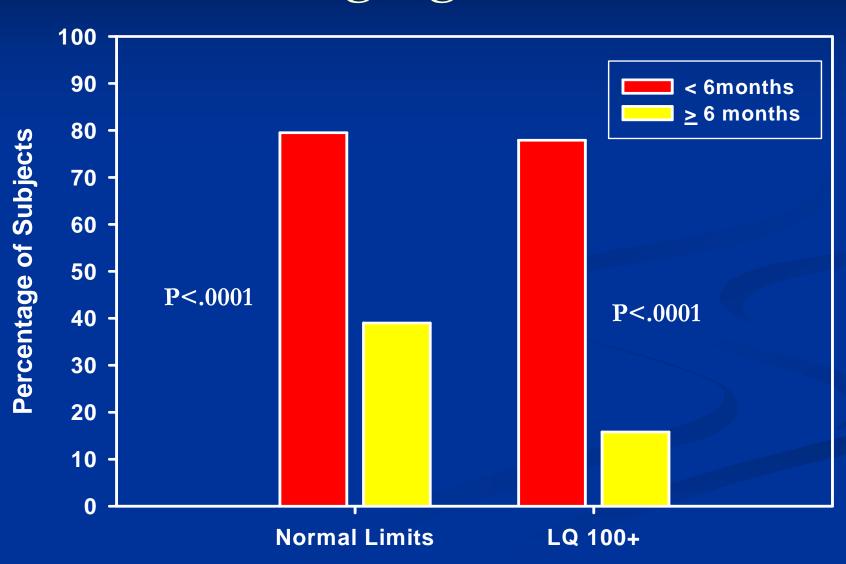
#### Mean (SD) Baseline Language Skills

Language*	< 6 mos N=122		<u>&gt;</u> 6 mos N=146	Effect for age at entry		
Expressive	100.3 (36)		72.3 (35)	<.0001		
Receptive	96.2 (32)	V	78.9 (32)	<.0001		
By Severity, Expressive language quotients**						
Mild	94.0 (29)		70.3 (28)	0.006		
Moderate	102.7 (39)	$\Lambda$	74.7 (38)	0.006		
Severe	114.5 (34)		64.9 (32)	0.0001		
Profound	93.6 (32)		65.9 (33)	0.02		
Unilateral	105 (25)		84.6 (56)	0.07		

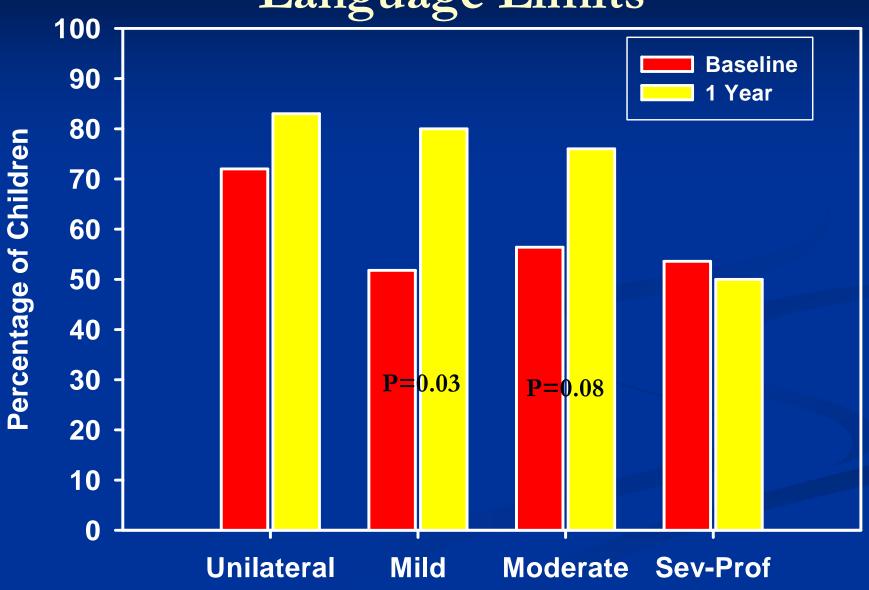
<sup>\*</sup>Controlling for age of identification and seventy; region not significant

<sup>\*\*</sup>Controlling for age of identification

# Children within Normal Expressive Language Limits



# Children within Normal Expressive Language Limits



#### Statistical Models

- Thus far, only looked at baseline language skills
- Evaluate the change in language skills (language development) over time spent in EI
  - Controlled for potential confounders that may influence outcome
- Created multiple regression models for each level of hearing loss
- Investigated the possible interaction between age of entry and duration in EI

Predictor	< 6 mos		≥ 6 mos		
	β	р	β	р	

#### **Expressive**

Duration in El (mo)

0.001 0.68

#### Receptive

Duration in El (mo)

0.003 0.16

Controlling for Age of ID (NS); Region of Ohio not significant in the models

Predictor	< 6 mos		≥ 6 mos	
	β	p	β	p
Expressive	)			
Duration in El (mo)	0.001	0.68	0.011	<.0001

#### Receptive

Duration in El (mo)

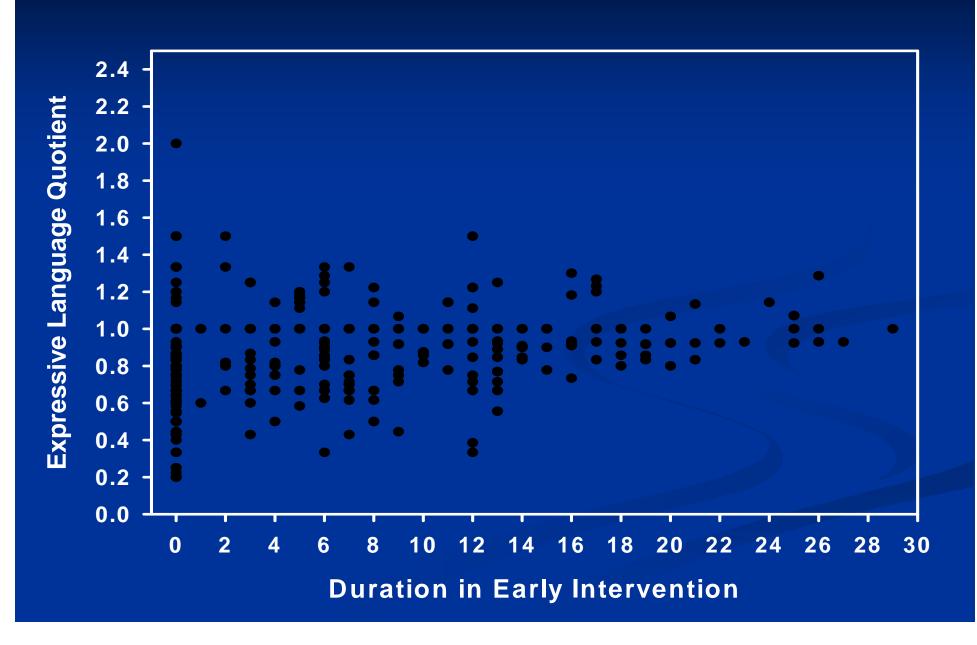
0.003

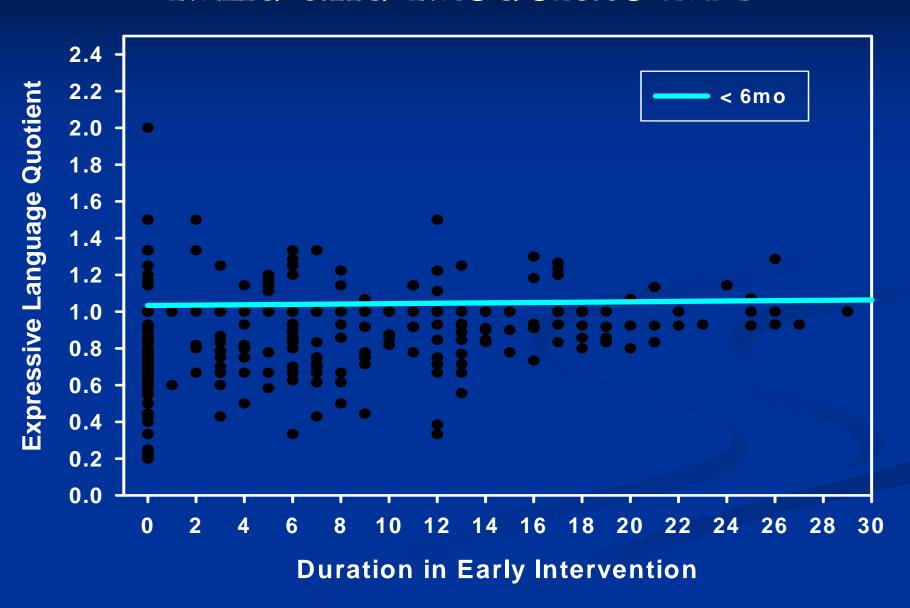
0.16

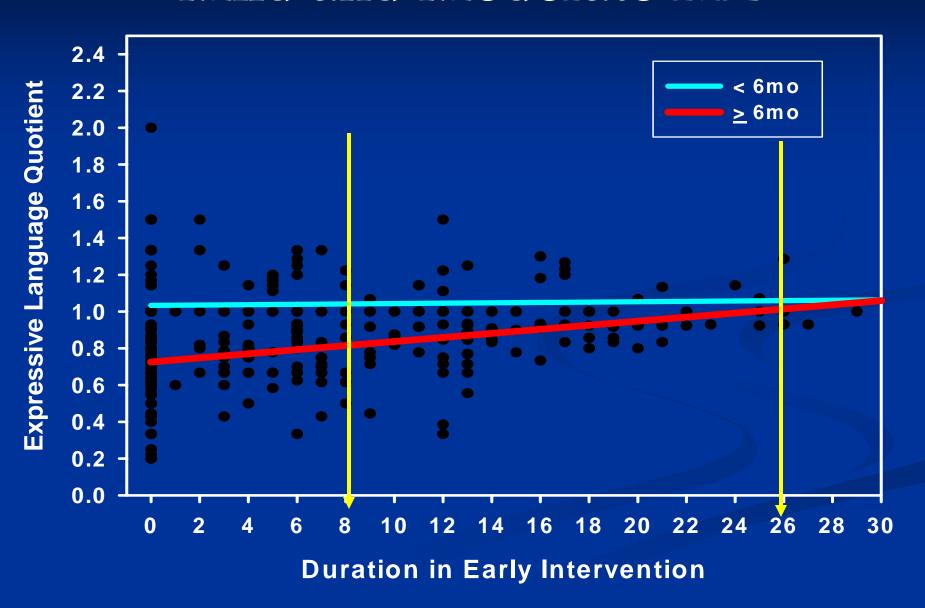
0.007

<.0001

Controlling for Age of ID (NS); Region of Ohio not significant in the models







## Unilateral Hearing Loss

Predictor	< 6 mos		≥ 6 mos	
	β	p	β	p
Expressive	)			
Duration in El (mo)	-0.003	0.32	0.01	0.06

#### Receptive

Duration in El (mo)

0.002

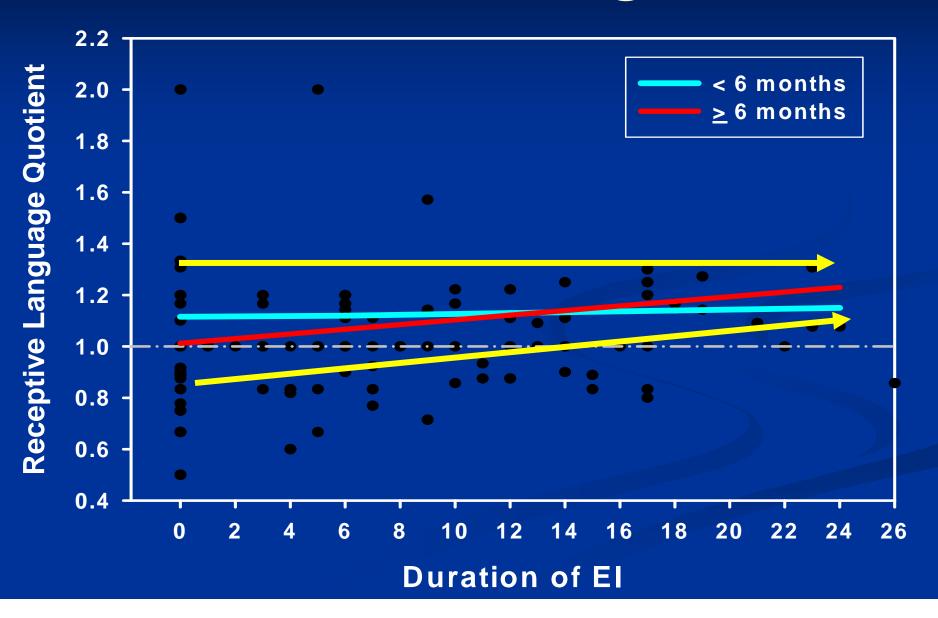
0.68

0.0091

0.02

Region of Ohio not significant in the models; controlled for amplification, age ID

# Unilateral Hearing Loss

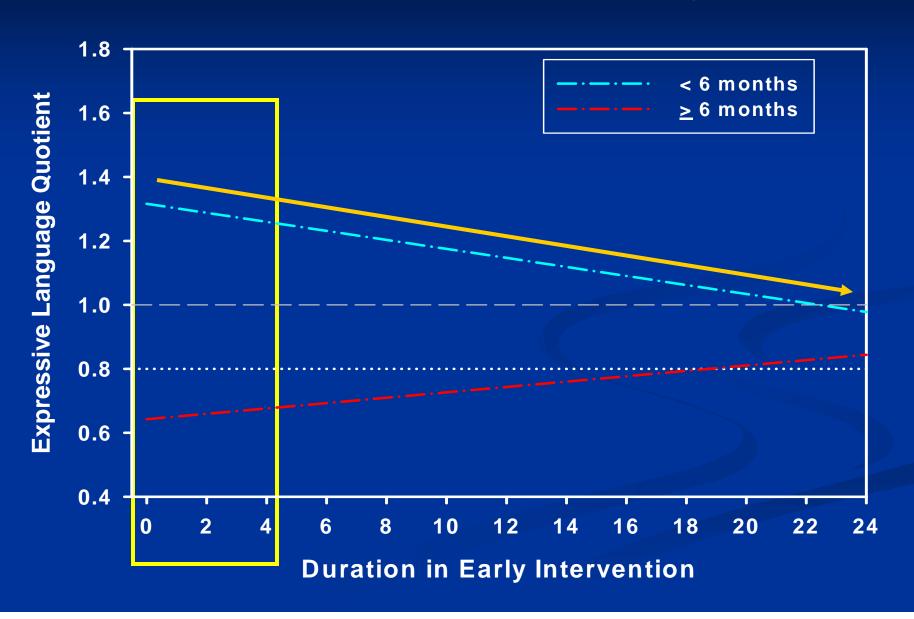


#### Severe to Profound HL

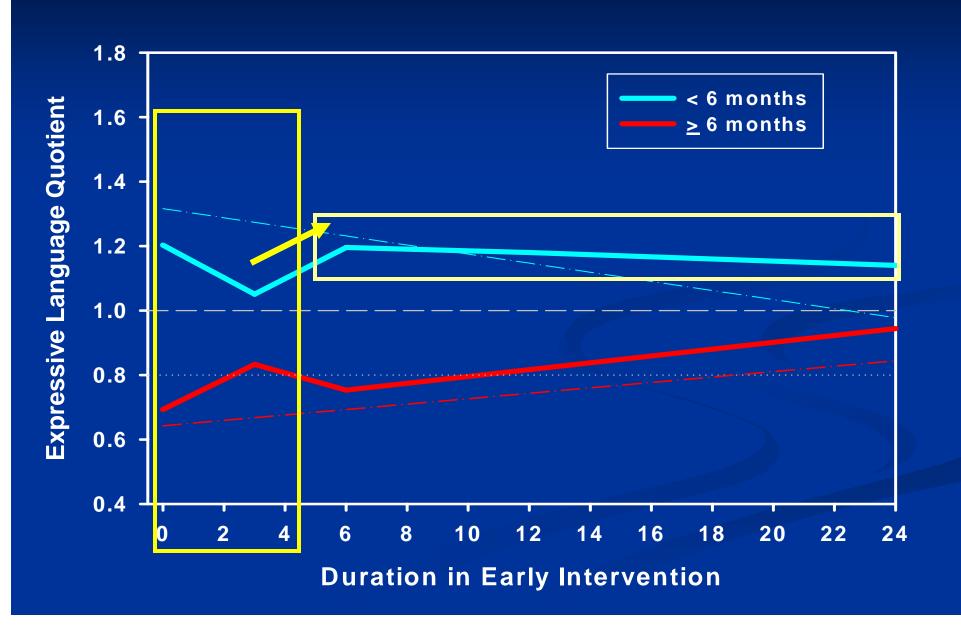
Predictor	< 6 mos		≥ 6 mos	
	β	р	β	р
Expressive				
Duration in El (mos)			0.008	0.10
Age at ID	-0.033	0.008	-0.006	0.03
Receptive				
Duration in EI (mos)			0.010	0.05
Age at ID	-0.02	0.19	-0.004	0.19

Region of Ohio not significant in the models; controlled for amplification

#### Severe to Profound



### Severe to Profound



# Strengths and Challenges

- Infants included with any degree of HL
  - Includes unilateral HL

Systematic data collection on all infants as part of Ohio's EI system

Able to evaluate age of early enrollment and improvement in language skills over time across all degrees of hearing loss

## Strengths and Challenges

Statewide data: unable to account for certain factors that may influence outcomes (e.g. developmental disabilities)

Missing data may bias our results

- Used a language quotient as opposed to standardized score
  - A good approximation of actual skill development

### In Summary

 Majority of infants who enter EI < 6 months have normal language skills at entry

Infants/toddlers who enter the program "late" (>6 months of age) make significant progress, "catching up" to their early entry peers.

### In Summary

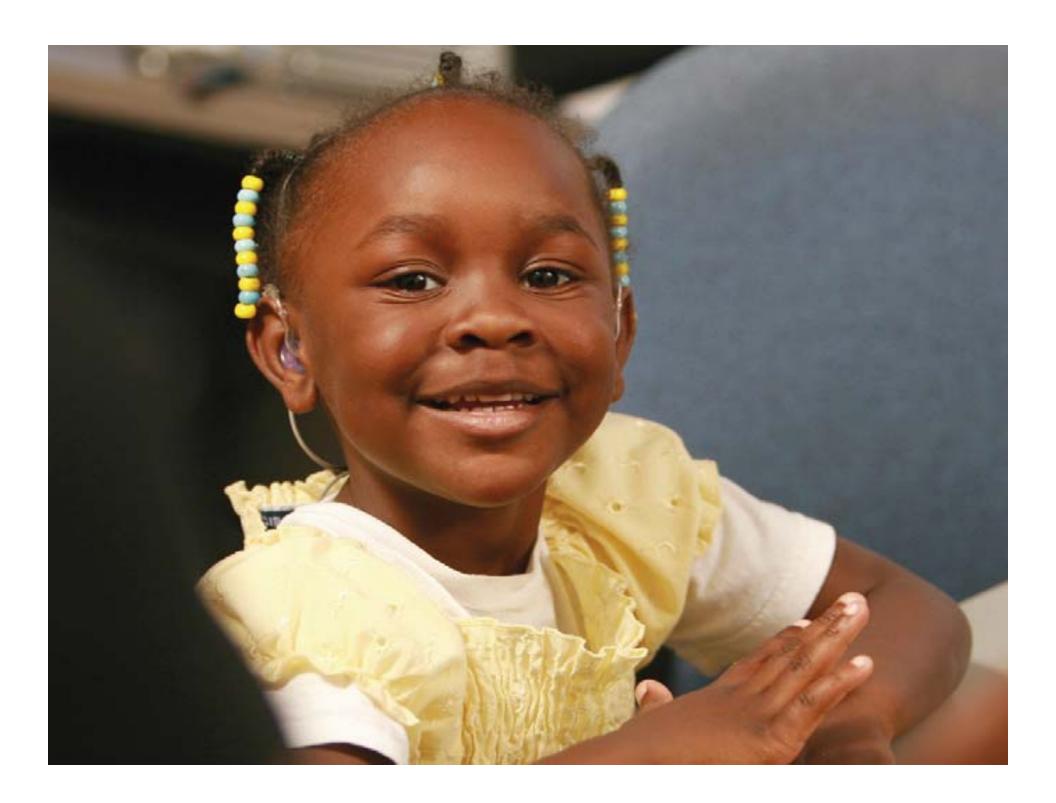
- Language development over time is not necessarily a linear relationship (i.e. constant increase in skills)
- Normal language development in all infants/toddlers varies over time
- Infants who enter EI very early (<3 months) do not have many language skills
  - Difficult to determine delay at that age; delay may show up later however.
  - Children may start out with high language skills early and appear to lose them as the language testing gets harder
  - Particularly evident among those with severe to profound HL

### In Summary

Infants diagnosed with permanent HL, enrolled in Ohio's EI program, all make significant progress, or maintain age-appropriate skills while in EI

Results from this study emphasize the importance of EI services for children with HL, regardless of severity of HL or age of entry.

Early Intervention is simply important!



#### Mild and Moderate HL

Predictor	< 6 mos		≥ 6 mos	
	β	р	β	р
Expressive				
Duration in El (mos)	0.001	0.68	0.011	<.0001
Age at ID	-0.03	0.33	0.001	0.75
Receptive				
Duration in El (mos)	0.003	0.16	0.007	<.0001
Age at ID	-0.03	0.17	-0.0005	0.78

Region of Ohio not significant in the models

# Unilateral Hearing Loss

Predictor	< 6 mos		≥ 6 mos	
	β	р	β	р
Expressive				
Duration in EI (mos)	-0.003	0.32	0.01	0.06
Age at ID	-0.2	0.24	-0.005	0.51
Receptive				
Duration in EI (mos)	0.002	0.68	0.0091	0.02
Age at ID	-0.05	0.05	-0.001	0.87

Region of Ohio not significant in the models; controlled for amplification

#### Severe to Profound HL

Predictor	< 6 mos		≥ 6 mos	
	β	р	β	р
Expressive				
Duration in El (mos)			0.008	0.10
Age at ID	-0.033	0.008	-0.006	0.03
Receptive				
Duration in EI (mos)			0.010	0.05
Age at ID	-0.02	0.19	-0.004	0.19

Region of Ohio not significant in the models; controlled for amplification